

Getting Indiana into a higher gear!

Bicycling experts to present topics, field questions, and offer solutions on making Indiana bicycle-friendly at 2009 Indiana Bicycle Summit.

KEYNOTE ADDRESS:

■ ***A Better Place to Bike is a Better Place to Live***

Krista Rettig, Advocacy and Governmental Affairs Director for Trek Bicycle Corporation, will share how a better place to bike is a better place to live. She will have examples from around the country as well as her home state of Wisconsin, ranked the number two bike-friendly state by the League of American Bicyclists.

SESSION LEADERS:

■ ***Bike Lane Striping – the Devil is in the Details***

A presentation of the Metropolitan Planning Office's view: the shortcomings of AASHTO guidance and the MUTCD (Manual on Uniform Traffic Control Devices), the unique engineering challenges that bike lanes represent, and the MPO's recommendations for bike lane striping.

Kent Anderson, Director of the Columbus Area Metropolitan Planning Organization.

■ ***Safe Routes To School – How to Achieve Them***

This session will provide background information and purpose of the government-funded Safe Routes to School program. Participants will learn the benefits of Safe Routes and the structure of Indiana's program.

Michael O'Loughlin, Manager of Indiana's Safe Routes to School program.

■ ***What it Will Take for Indiana to Break Away From the Pack***

As Hoosiers we often wait to see what everyone else does before we try a new trend – so let's take a look at what others are doing. This session will focus on some emerging trends in bike facilities in the U.S. and abroad and how a local community is applying one of those concepts right here in Indiana.

Pete Fritz, ASLA, AICP, CPRP, is a landscape architect, urban planner and a past Chairman of Bicycle Indiana.

Shane E. Burkhardt, AICP, is Director of Planning and Urban Design Services with American Structurepoint.

■ ***Bicycle Friendly Initiatives – Welcome to the Five E's***

The League of American Bicyclists Bicycle Friendly America program continues to gain momentum in Indiana. Learn how your community, business, and state can be bicycle friendly through the LAB's criteria of Engineering, Education, Encouragement, Enforcement, and Evaluation.

Jeff Peel joined the League of American Bicyclists in March 2008 as Program Specialist for the Bicycle Friendly America program.

Raymond Hess, Senior Transportation Planner for the City of Bloomington.

- ***Trails and Greenways: Where They Really Are Taking Us***
It's not only about building trails and greenways; it's about leveraging, connecting, and capitalizing on them for better communities and a better quality of life. Two Indiana experts on off-road cycling discuss successes and challenges.
Ron Carter, Executive Director of The Greenways Foundation.
Paul Arlinghaus is the President of the Hoosier Mountain Bike Association.
- ***Complete the streets! Accommodating Bicycling's Rightful Place on the Pavement***
This session will demonstrate the benefits of complete streets, provide an overview of the design elements of complete streets, investigate the development and implementation of local and state policies, and help you become an advocate for complete streets in your community.
Kim Irwin, MPH, is the Executive Director of the Alliance for Health Promotion.
Irene Wegner, MPA, Associate State Director, Community Outreach, AARP.
- ***How to Get the Most From Your Ride***
Learn tips from Marian University's cycling coach on how to maximize your fitness when you ride.
Dean Peterson, MS, Head Coach of the Marian University Cycling Program and instructor within the School of Education.
- ***Smart Cycling – How to Promote Bicycle Safety and Education in your Community***
Smart Cycling is the League of American Bicyclists' premiere education program. It encompasses several different classes all designed to give cyclists the confidence they need to ride safely and legally in traffic or on the trail. This session will share how to successfully promote and host the Smart Cycling programs in your community.
Warren Smock, Master LCI, Associate Professor/Program Chair, Ivy Tech Community College.
- ***Bike Fitting...It is not all about the Bike.***
How can the human body, which may have limitations in strength and flexibility, find harmony with a machine which has limitations in adjustments? This presentation will provide insight into the relationships of bike frame geometry, biomechanics and the physical attributes of the human body with the proper bike-fitting process.
Jeffrey Frame, MS, is the Manager of the Biomechanics Lab at Ball State University.

For more details on breakout sessions or to register for the summit: